

What's On in **Gorton Sacred Heart Family Hub** and **St James** Sure Start Children's Centres October - December 2025

Sessions are term time only

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Stay, Play and Learn</u> (0 5 year olds) 9.30am – 11.00am (Last entry 9.45a.m. unless session is already full) MAXIMUM NUMBER 18 St James</p> <p><u>Caribbean and African Health Network</u> <u>Health and Wellbeing Drop In Session</u> 10.00am to 12.30pm Sacred Heart</p> <p><u>Baby Sensory (with safety and wellbeing for you and your baby)</u> (6-week course) 1.15p.m – 2.45p.m. Please phone 0161 245 7001 to book a place St James</p>	<p><u>REAL</u> <u>Raising Early Attainment in Literacy</u> 10.00am - 11.00am Please phone 0161 245 7180 to book a place. (Age 2-3) Sacred Heart</p> <p><u>Baby and Me</u> A calm and nurturing space where you can meet other parents, connect and just 'be' with your baby 9.30 – 12midday Please contact 0161 203 3261 to book a place Sacred Heart</p> <p><u>Baby Bliss</u> 1.30pm – 2.30pm (Baby Massage and Sensory Play) Please phone 0161 245 7001 to book a place St James</p>	<p><u>Birth Registration</u> Please book an appointment online www.manchester.gov.uk Sacred Heart</p> <p><u>Wrigglers, Rollers and Crawlers</u> (Non-Mobile) 9.30am – 11.00am (Last entry 9.45a.m. unless session is already full) MAXIMUM NUMBER 20 Sacred Heart</p> <p><u>Stay, Play and Learn (0 – 5 year olds)</u> 1.00pm – 2.30pm (Last entry 1.15p.m. unless session is already full) MAXIMUM NUMBER 10 Families Sacred Heart</p> <p><u>Arts and Craft Session</u> (Under 10 year olds) 3.30pm – 5.00pm St James</p>	<p><u>Storytime in Gorton Library</u> 10.15a.m. – 11a.m. Gorton Hub</p> <p><u>Being a Parent (Parent Group Leader training)</u> 10:00 – 12:00 For parent group leaders to carry out 'Being a Parent' training with groups. (If interested on becoming a parent group leader please contact 0161 528 0730) Sacred Heart</p> <p><u>Healthy Child Drop In Clinic</u> (Health Visitors) 1.00pm – 2.30pm Gorton Hub</p> <p><u>Wrigglers, Rollers and Crawlers</u> (Non-Mobile) 1.00pm – 2.30pm St James</p>	<p><u>Citizens Advice Video Call Drop In</u> 10.00a.m. – 1.00p.m. St James</p> <p><u>Parent Peer Support Group</u> (for parents with SEND children) 1.00pm – 3.00pm First Thursday of the month starts 6th November 0161 245 7180 for Information Sacred Heart</p>

Midwife appointments: please contact the centre for up to date appointment booking information

Bump to Baby

Four-week course for Parents to be
(over 18 + weeks).

Topics include:
Attachment and Bonding,
Preparation for baby's arrival,
Health and Wellbeing of both parents and baby.



Parenting Advice

Outreach workers offer opportunities for parents to talk about what it means to be a parent and can discuss ways of improving your relationship with your child and help you develop strategies to manage your child's behaviour.

This can be in a variety of ways - some include Incredible Years Courses, Individual appointments and a direct referral to the Child and Parent Services Team

Phone your local Sure Start Centre to speak to an outreach worker

WellComm Language Screen

Please speak to your Outreach Worker for more information.

St James Children's Centre

Stelling Street, Gorton, M18 8LW

Tel: 0161 245 7001

Sacred Heart Children's Centre

Glencastle Road, Gorton, M18 7NE

Tel: 0161 245 7180

Please speak with an Outreach Worker about

- Groups and services,
- Play and Childcare,
- Ready for School sessions.
- Health Information
- Training courses
- Referrals to other agencies
 - Foodbanks & Financial support
 - Benefit advice
 - Housing
 - Counselling
 - Domestic Abuse Support Services
 - Adult Education
 - Volunteering & Employment Support

**Check if you are eligible for the
15 hours free childcare for
2 year olds on**

www.manchestercitycouncil/2yearfunding

You will need your National Insurance
number or speak to the Outreach
Workers